Dan's Father's Day Meal - 6/16/2013

The following is the meal Dan made for Father's Day.

Dan's Ribs

Ingredients:

- 1 slab beef or pork spare ribs (6-8 lbs) Cut into 3 segments.
- 1 small or ½ large head cabbage sliced into large chunks
- 1 med large onion chopped
- 1 -2 green bell pepper chopped
- 2 cups cored and sliced green apples
- 1 large aluminum throw away pan

Rub:

- 4 tsp seasoned salt
- 4 tsp smoked paprika
- 2 tsp garlic powder
- 2 tsp dry mustard
- 2 tsp thyme leaves
- 2 tsp turmeric

- 2 tsp black pepper
- 2 tsp white pepper
- 2 tsp ground cumin
- 2 tsp crushed red pepper
- 2 tsp oregano

Sauce:

- 1 to 1.5 cup stock (beef, chicken or turkey)
- 1 15 oz can tomato sauce
- ½ cup honey
- ½ cup white vinegar (can come from olive jar)
- 1 cup chili paste
- 6 garlic cloves sliced
- ¼ cup sliced fresh or pickled jalapenos (to avoid too much heat remove seeds as needed)
- Hot sauce to taste
- Add 1 Tbs +/- rub to the sauce (to taste)
- Good shot or two mustard (any kind)

Directions:

- 1. Preheat oven to 310 degrees F.
- 2. Rub the ribs with part of the seasoning and baked 1 hour covered (if cold extend baking time by 20 40 min; try to leave a ¼ inch gap between the ribs.)
- 3. Cook uncovered for 1 hour (ribs should look nicely browned, you can increase the temp to 375 for this step until the proper browning is achieved)
- 4. Simmer sauce on stove for 1 hour.
- 5. Remove ribs from pan and drain off fat
- 6. Mix cabbage, onion, bell pepper, apples and layer in bottom of pan. (Sprinkle with seasoning rub)
- 7. Dip or pour sauce on ribs then put them on top of the cabbage.
- 8. Cover and back 1 to 2 more hours periodically basing the ribs with sauce.
- 9. Ribs are done when a fork placed between the ribs can separate them easily.

Enjoy!

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Dan's Baked Mashed Potatoes

Ingredients:

- 1.5 sticks butter, softened
- 4-5 pounds russet or Yukon gold potatoes
- 4 to 8-ounce package cream cheese, softened
- 2 cups (16 oz) shredded white cheese (mixed Provolone, Romano, Monterey)
- 1 to 2 cups heavy cream, half and half or whole milk
- 1/2 to 1 teaspoon seasoned salt
- 1/2 teaspoon kosher salt
- 6 cloves garlic crushed or slised
- 1 teaspoon black pepper

Directions:

- 1. Set oven to 350 deg.
- 2. Peel and cut the potatoes into med sized chunks.
- 3. Boil in salt water until fork tender 20 to 25 minutes. Then drain.
- 4. Mash the potatoes over low heat, allowing the steam to escape before adding in all the other ingredients.
- 5. Mash in 1 ¼ stick of butter, the cream cheese, shredded cheese, seasoned salt, kosher salt and pepper
- 6. Add heavy cream to get the consistency of the potatoes that you like
- 7. Top with rest of the butter and chunks of shredded Romano or Provolone cheese
- 8. Bake uncovered until top is browned 20 to 30.

NOTE: If prepared ahead of time and stored in the refrigerator let mixture sit on counter 1 hour prior to cooking, then cook 30 to 45 min.

Dan's Corn on the Cob (the easy way)

Ingredients:

- 6-12 ears of sweet corn
- Salt

Directions:

- 1. Soak corn with husks on in salt water for 45 minutes.
- 2. On the grill: Roast the Corn in its husk at the highest possible temperature (20 min) until outer husk is scorched brown.

In the oven: Bake on the rack at 400 degrees (35 min) or 500 degrees (20 min) until outer husk is scorched brown.

3. Shuck and serve with salt and butter.