## Easter Lamb Recipe

## Roast Leg of Lamb with Fennel and Orange Rub

Makes 8 to 10 servings.

## **Ingredients**

- > Finely minced zest of 2 oranges
- > 2 tablespoons minced fresh rosemary
- > 2 tablespoons toasted fennel seeds, ground
- ➤ 2 teaspoons minced fresh garlic
- ➤ 1 tablespoon kosher salt
- ➤ 1/4 cup extra-virgin olive oil
- ➤ 1 1/2 teaspoons cracked black pepper
- > 5 pounds boneless, trimmed Australian boneless leg of lamb
- > 1 tablespoon Dijon mustard



## **Directions**

- 1. Place Fennel Seeds on a small pan or cookie sheet and roast for 1-2 minutes at 325. Watch them, they burn quickly. (I put them in the oven, turn it on and by the time the over reaches 300 they are usually done.)
- 2. To prepare the rub, place grated orange zest, fennel seeds, salt, pepper, mustard, rosemary, garlic and olive oil in a small bowl and mix together well.
- 3. Remove any netting from lamb and slice open if necessary. Rub a third of the rub mixture over the inside surfaces of the leg. (Optionally you can sprinkle with Pecorino Romano Grated Cheese.) Tie the roast together with 3 pieces of string.
- 4. Place a roasting rack in a shallow roasting pan or sided baking sheet. Rub remainder of rub all over the outside of the roast.
- 5. Marinate, covered and refrigerated, for at least 1 hour, or up to overnight. (I like overnight.)
- 6. When ready to roast, preheat oven to 450°F.
- 7. Roast lamb for 15 minutes, then turn oven temperature down to 325°F. Continue roasting for about 1 hour, or until internal temperature is 135°F to 140°F (medium rare) or 140-160°F.
- 8. Let the lamb rest for 5 to 10 minutes before serving.
- 9. To serve, remove string and cut against the grain in thin slices. (Vivian likes them thicker.)
- 10. If desired, garnish with Orange Slices and Sprig's of Rosemary to make it an Easter Centerpiece.

PS. This is really good anytime, not just Easter